# Overview



- We **enable revenue growth** by equipping frontline and mid-level leaders with the essential skills they need to manage people and drive business results
- We also help control expenses by emphasizing leadership capabilities that improve employee engagement and reduce turnover
- We create a participant experience that is safe, challenging, interesting and motivating so that leaders adopt new behaviors that will maximize the return on your investment

### **Core Courses**

These courses are targeted for frontline leaders as well as prospective leaders who are ready to advance. They are also suitable as a refresher and may be tailored to challenge mid-level leaders.

- Myers-Briggs Type Indicator (MBTI) workshop
- Managing your personal brand
- Managing conflict and consensus
- Improving team effectiveness
- Managing the interview process
- Feedback and coaching for impact
- How to leverage progress meetings

### **Advanced Courses**

These courses are targeted for mid-level leaders plus frontline leaders who are ready to advance; most can also be tailored for frontline leaders

- Emotional intelligence workshop
- Inspirational leadership
- Virtual presentation skills
- How to effectively lead managers
- Leading change and transitions
- Talent review and succession planning

### Important to Know

- Class sizes may range from 6 to 21 participants (about 12-15 is optimal)
- Most courses are 3-4 hours in length
- All courses are virtual instructor-led via Zoom, WebEx or MS Teams

#### Assessments

All feature three 1:1 sessions for coaching and development

- Emotional intelligence EQi 2.0
- Hogan instruments (MVPI, HPI and HDS)
- Extraordinary Leader 360
- Myers-Briggs Type Indicator

## **Group Workshops**

- This MBTI workshop helps work groups and project teams utilize
  Type as a lens to discuss and leverage strengths and differences
- The Extraordinary Leader 360
   workshop utilizes the facilitator and
   peer support to gain insights and
   target areas for development

Hello! I am Ellen Raynor, the owner of Essentials for Leadership, LLC. It would be my privilege to earn your business.

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https://www.essentialsforleadership.com

